RELEASE AND ASSUMPTION OF RISK

THIS IS A RELEASE OF LIABILITY AND EXPRESS ASSUMPTION OF RISK AGREEMENT. DO NOT SIGN THIS DOCUMENT IF YOU DO NOT UNDERSTAND IT OR DO NOT AGREE WITH ITS TERMS.

I have requested to participate on my own behalf or on behalf of minor children for whom I am the parent or legal guardian (hereinafter "I" or "my") in a cooking class by Il Punto! Italian Cultural Center ("Il Punto") cooking class. I fully understand that there are inherent risks involved with cooking including, but not limited to: handling sharp knives; working with electric mixers and other appliances; working with and around hot ovens, pans, serving dishes and utensils; and, exposure to products which may contain ingredients to which some people are allergic.

I represent that I am in good health, physically and mentally capable of participating in such cooking class and hereby assume all physical and mental risks and any risks associated with any medical conditions known or unknown at the time of my participation in the class.

I hereby waive and release any and all claims which I might assert against II Punto, their affiliates, officers, directors, employees and agents (collectively referred to as "Il Punto") for personal injury, property damage and/or death sustained while participating in any cooking class. I further agree to exercise due caution for my safety and for the safety of others while participating in such cooking class and agree to hold harmless and indemnify Il Punto for personal injury, property damage and/or death which may result from my participation.

This Release shall be legally binding upon me, me heirs, assigns, legal guardians, and personal representatives. I am entering into this agreement voluntarily.

Entered into this day of, 20	
Participant's signature in agreement to above:	Address of participant:
Print name of participant or legal guardian	